

# Sample Menu

Below are just few examples of the culinary options available to you each and every day at Savant Senior Living. To see the current full menu, ask your Community Outreach Director.

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## Breakfast

### **Buttermilk Pancakes**

*served with warm maple syrup*

### **Steel Cut Oatmeal**

*with blueberries, strawberries, and honey*

### **Savant Omelette**

*ham, peppers, onion and cheddar cheese served with crisp breakfast potatoes and choice of fresh cut fruit, applewood smoked bacon or chicken sausage and assorted breads*

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## Lunch & Dinner

### **Chicken Fettuccine Alfredo**

*with broccoli and cherry tomato.  
Side of garlic bread*

### **Oven-Roasted Atlantic Salmon Filet**

*jasmine rice, shaved brussels sprouts and apple  
cider reduction*

### **The Savant Burger**

*1/4 pound ground beef patty with lettuce, red onion,  
served on a brioche bun, add cheese. Comes with a  
side of french fries or fruit*

### **Classic Caesar Salad**

*Chopped romaine lettuce, parmesan cheese,  
croutons tossed in house caesar dressing*

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## Dessert

### **Cherry Pie**

*Served with whipped cream*

### **Cream Cheese Brownies**

*Served with whipped cream and  
vanilla ice cream*

